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- Gender as a Moderator and its Moderating Effect on Relationship
- between Face Book usage and the Academic Performance of
- Government University Undergraduates in Sri Lanka
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### Abstract

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- 9 From this Article, it is considered that the moderating effect of gender, for Facebook usage,
- and the academic performance of government university undergraduates in Sri Lanka. From
- 11 984 government university undergraduates were the respondents of this study, and the
- 12 respondents were from the University of Peradeniya, University of Kelaniya, University of
- <sup>13</sup> Colombo, and University of Sri Jayewardenepura. Gender is a moderate variable for the study.
- And there are 534 male undergraduate respondents, and 450 female respondents responded to
- 15 the questionnaire. Using a multi group analysis method identified the moderating effect on
- both male and female groups. According to the analysis results, proved that gender moderates
- the relationship between social media usage (Facebook) and the academic performance of the
- 8 government university undergraduates in Sri Lanka.

Index terms— university undergraduates, facebook usage, 1academic performance, gender.

### 1 Introduction

n the modern world, community, including, university students facing more health risks because of using digital devices in the in-proper way. Therefore a high level of stress, lack of physical activity, poor diet habits, social isolation, and can be identified. ??Shao et al. 2017) Thus their digital wellness (using digital devices effectively and efficiently) is the fact to achieve their targets in the academic field.

Therefore when giving attention to the academic performance of undergraduates and their wellness, student's digital wellness will be a major focus. Thus within this age of technology, establishing boundaries and healthy guidelines for relationships of humans with the technology will be a sustainable approval to maintain elements of their non -digital wellness.

Figure 1

Most of the University students are in the age between 19-25 years. According to the above graph in the USA most of the internet users are age 18-29 when comparing to previous years there is a gradual increase in using the internet, of above age between 18-29. It is an example that university undergraduate is using digital devices because they are also in the same age category. According to Barnet (2010,) most of the time, people age between 18-29 are the high users of social media such as face book between years 2005-2010.

## 2 Figure 2 Generational Differences in online activities

Figure 3

Figure 3 also confirms that most of the population from "X" and "Y" generation are using digital devices for entertainment rather than using them for educational purposes in the world.

#### 3 Frequency of using Social Media 40

In the year 2017, Ali et al., from their study found that 261 of students were used face book for more than Hour 41 per a day. According to the study the usage of face book one hour per a day is only 3%, of the students. All 42 the other users of Facebook is more than one hour per day. Most of them are using facebook for socializing and entertainment. Abusbiha's and Mustaffa 62 (2014), by citing Carr (2008), found that poor academic performance can be seen from students who are using the internet regularly. According to Hamilton (2009), most of the college 45 students who are engaging in Facebook for more time, earn lower grade point average (GPA), than the students 46 who are not logged in the face book for more time. ??li et al. (2017), by siting Kuppuswamy and Narayan 47 (2010), found that those who are using social media for entertainment rather than using them for academic work, 48 will gain lower grade point averages. More over According to khan (2012), more Facebook usage is negatively 49 affected by the academic performance of college students. 50

#### Internet usage statistics in Sri Lanka 4

Weerasendara (2015) states that as a result of using in social media frequently, people were committed to suicide in Sri Lanka. There are 21 million people who live in Sri Lanka, and mobile phone usage is 22 million (Jinadasa, 2016). Also, the usage of mobile phones within the youth is increasing rapidly. According to Ananda et al.

(2015), Sri Lankan University undergraduates are spending more time to deal with internet activities such as 55 56 social networking gaming and massaging. Thus from this study it is found that the moderating effect of gender for Facebook usage and the academic performance of government university undergraduates in Sri Lanka.

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#### 6 Problem Statement 59

People who live around the world are facing health -related matters because of using technological advancements 60 in the wrong way. Mok et al. (2014) found that using smartphones regularly, keeps students away from physical 61 activities, and academic work. Also, they reduce their sensory perception. When Undergraduates continuously 62 faced with sensory overload (Misra & Stikols, 2012), the memorizing power and the learning capacity will be 63 reduced. World Health Organization (WHO 2018) also states that importance about digital wellness (using digital devices in the proper way) among the affected population by the use of an unhealthy way of digital 65 technology, especially social media, university undergraduates have been highlighted. Several researchers found 66 that because of the using in proper way of digital technology, negatively affected the university students' academic 67 performance. Thus it is useful to research the moderating effect of gender on the relationship between Facebook 68 usage and the academic performance of government university undergraduates in Sri Lanka. 69

#### III. 7 70

#### 8 Objective of the Study 71

The main objective of this study is, to identify that gender moderates the relationship between Facebook usage 72 and the academic performance of government university undergraduates in Sri Lanka. 73 IV. 74

#### Research Method 9 75

This study was conducted by secondary data. Primary data points Likert scale One state strongly disagree, and 76 five indicate strongly disagree. The neutral. Respondents were the government university undergraduates, from 77 the University University of Kelaniya, University of Sri Jayawardhanepura. One thousand and twenty (1020) 78 questionnaires were distributed among the students, and one thousand, and ten questioners were returned. After 79 removing incomplete deleting outliers 984 questionnaires were selected for the analysis. Multi group CFA analysis 80 method used for the analysis. 81

#### 10 Conceptual Frame Work

Conceptual moderate effect of gender to relationship between Facebook usage and the academic performance 84 of the government university under graduates. Facebook usage is the independent variable and the academic 85 performance is the dependent variable. Moreover the gender of the respondents took as the moderate variable of 86 the study. 87

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## Hypothesis of the Study

Based on the conceptual framework main hypothesis was created to analyze the moderate impact as mentioned 90 below. 91

H1: Gender moderates the relationship between Facebook usage and academic performance.

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#### **14** Analysis 94

To estimate the moderating effect of the moderate variable multi -group CFA analysis method is one of the 95 common analysis method. (J.A.P. ??umari Both constrained and unconstrained models were run separately for estimate their chi-square. From the next step it was identified the deference of chi-square values between 97 constrained and unconstrained models. If the difference between constrained and unconstrained models more 98 than 3.84 with one degree of freedom, there is a moderation occurs in the selected path (J.A.P. Kumari ET. 99 Al. 2019) Zainudin, 2012 to identify the moderating impact of the two paths, study has followed this method 100 separately. 101

#### Gender (G) 15

Facebook Usage (FBU) 103

#### Academic Performance (AP) 16

Table 1 shows the difference in Chi-square value of the constrained model and the unconstrained model. Chi-105 square value for the constrained model of the male was 1683.8 and unconstrained model indicates 1329.1. The 106 Chi-square difference between the two models (Constrained model and unconstrained model) was 354.7, which is higher than 3.84. Thus the moderation result was significant. The second (2nd) table shows the difference between Chi-square value of model and the unconstrained model. Chi-square value for the constrained model of females was 1786.8, and the unconstrained model indicates 1405.7. The Chisquare difference between two 110 Models (Constrained and unconstrained model) was 381.1, which is more than 3.84. Therefore the moderation result was significant. The Model fit summary table for male, the table represents the summary of the model fit. It indicates the model fit indices of constrained and unconstrained models for male on Facebook usage to Academic Performance. CFI (comparative fit index) TLI(Trucker-Luwis index), NFI (Normed fit index) were higher than 0.9. That indicates the RAMSEA (Root mean -square error of Approximation), (Holms-Smit 2000) 115 for both constrained and unconstrained models were lower than 0.08. Threrefore the model was perfectly fit. The 116 moderation test was significant for the relationship between Facebook usage and academic performance.

#### 17 Path

#### Conclusion 18

In the modern world, people face health risks because of using digital devices in an incorrect way. In this situation 120 university students are also highlighted, using of high range of digital devices. Especially mobile phones. Although several studies have proved that there is a negative impact on Facebook usage and the academic performance 122 of university undergraduates, this study was investigated the moderating effect of gender on the relationship between Facebook usage and the academic. Performance of government universities undergraduates in Sri Lanka. To identify the moderating effect, use the multi-group analysis method. The test was significant for all paths. Chi-square deference between the constrained model and the unconstrained model was higher than 3.84 with 1 degree of freedom. Thus in conclusion. It has proved that gender moderates the relationship between Facebook usage and the academic performance of government university undergraduates in Sri Lanka.

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# Internet Use by Age, 2000-2010

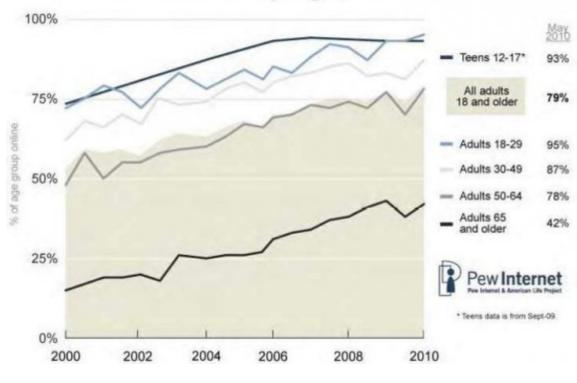
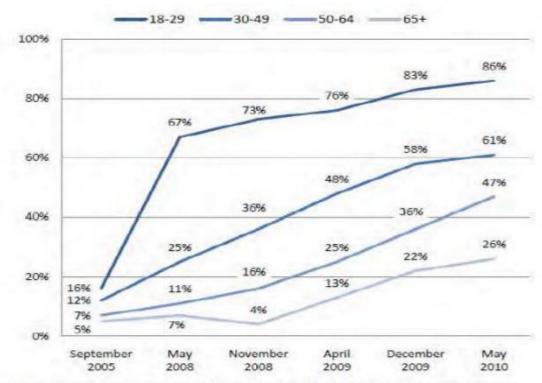


Figure 1:

# Social Media Use by Age, 2005-2010



Source: Pew Research Center's Internet & American Life Project Surveys, September 2005 May, 2010. All surveys are of adults 18 and older.

Figure 2:

	Oráne Teens* (12-17)	Gen Y (18-32)	Gen X (33-44)	Younger Boomers (45-54)	Older Boomers (55-63)	Silent Generation (64-72)	G.I. Generation (73+)	All Online Adults <sup>a</sup>
Goonline	93%	87%	82%	79%	70%	56%	11%	74%
Teens and Gen Y are not	s likely to a	igage in th	e following	activities co	mpared with	older isers:		
Play games online	78	50	38	26	28	25	18	35
Watch videos online					14	52		
Get info about a job					11	10	47	
Send instant messages	68	59	38	28	23	25	18	38
Use social networking sites	65	67	36	20	9	11	4	35
Download music	59	58	46	22	21	15	5	37
Create an SNS profile	55	60	29	16	9	5	4	29
Read blogs	49	43	34	27	25	23	15	32
Create a blog	28	20	10	6	7	6	6	11
Visit a virtual world	10	2	3	1	1	1	0	2
Activities where Gen X u	ners er olde	r generatic	ns domina	in:				
Get health info	28	68	82	74	81	73	67	75
Buy something online	28	71	80	68	72	55	47	71
Dank online		57	05	53	49	45	24	55
Visit govt sites	*	55	64	62	63	6)	31	59
Get religious info	28~	31	38	42	30	3)	26	35

http://www.pewinternet.org/Infographics/Generational-differences-in-online-activities.aspx

Figure 3:

		Number	Percentage
Hours surf	1 h or less	3	6
internet in a day	2 h	7	15
	3 h	18	38
	4 h and above	19	40
Hours surf social	1 h or less	9	19
media sites in a day	2 h	11	23
	3 h	15	32
	4 h and above	12	26
Use of social	Information sharing	7	15
media sites for	Entertainment	9	19
	Socializing	11	23
	Above all	20	43

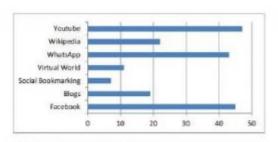


Figure 2 Frequencies of different social media applications.

lected show that 18.51 percent of students use these applications for socializing and learning, 37 percent for learning, 11.11 percent for entertainment and 33.33 percent for socializ-

Figure 4:

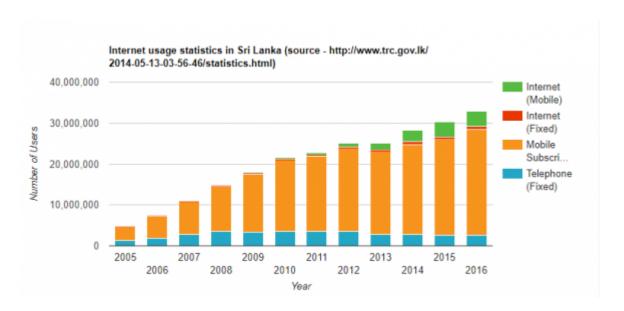


Figure 5:

Figure 6:

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Path (	Gend	er Constrained	$\mathrm{d}\mathrm{f}$	Unconstrained	DF	?X	?df	Results	on	Results on hy-
		Model		model(X 2)		2		moderation		pothesis
FB	to	Male1683.8	934	1329.1	933	354.7	1	Significant		Supported
ACP										

Figure 7: Table 1

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